

ADDITIONAL NOTES:



Making the CHOICE
About WORRY
Part two of two
Maintaining your Focus

September 13, 2009
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Text Matthew 6-24

Matthew 6

[25] "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more important than food, and the body more important than clothes? [26] Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? [27] Who of you by worrying can add a single hour to his life * ?

[28] "And why do you worry about clothes? See how the lilies of the field grow. They do not labor or spin. [29] Yet I tell you that not even Solomon in all his splendor was dressed like one of these. [30] That is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you, O you of little faith? [31] do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' [32] For the pagans run after all these things, and your heavenly Father knows that you need them. [33] But seek first his kingdom and his righteousness, and all these things will be given to you as well. [34] Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

Review of Last Week: Where is your FOCUS

- How long will it _____?
 - Temporary
 - Permanent
- What is the exchange _____?
 - They can be lost to Moth, rust, thieves
 - You can get Eternal return for them (Luke 16.9)
- How is your _____?
 - Spiritually near sighted (living in darkness)
 - Spiritually far sighted (guided by the light)
- Who do you _____?
 - Who is your favorite?
 - Who gets ignored when you have to make a choice?

- 2.Your heavenly father knows your needs.
 - How much do you think God loves you?
- 3.All these things will be given to you as well
 - Everything else God give you is gravy.

Focus is _____ & Learning to follow _____

- 1.Therefore I tell you..
 - Are we listening to or ignoring what God says
- 2.Do not worry
 - If you do worry, then you are being disobedient.
- 3.But seek first his kingdom and his righteousness,
 - Are we maintaining the proper perspective?

Focus is _____ & Investing for the _____ TERM

- 1.Do not worry about your LIFE
 - Even germophobics get SICK
- 2.Do not worry about your BODY
 - They all WEAR OUT someday
- 3.Do not worry about TOMORROW
 - There is great value in TODAY

Focus on _____ & Remembering Your _____

- 1.Are you not much more valuable than they?
 - Consider how much you cost God



FINAL FOCUS

- Focus for the _____ TERM
 - Develop your faith
- Focus your _____
 - Depend on grace
- Focus on _____
 - Directions about holiness